

Таблица употребления времени Past Perfect Continuous (engblog.ru)

Утверждение

I/He/She/It/We/You/They + had been + глагол-ing	
I had been waiting. – Я ждал.	We had been learning. – Мы учили.
He had been singing. – Он пел.	You had been building. – Вы строили.
She had been walking. – Она гуляла.	They had been swimming. – Они плавали.
It had been ringing. – Оно звенело.	

Отрицание

I/He/She/It/We/You/They + had not been + глагол-ing	
I had not been waiting. – Я не ждал.	We had not been learning. – Мы не учили.
He had not been singing. – Он не пел.	You had not been building. – Вы не строили.
She had not been walking. – Она не гуляла.	They had not been swimming. – Они не плавали.
It had not been ringing. – Оно не звенело.	

Вопрос

Had + I/he/she/it/we/you/they + been + глагол-ing	
Had I been waiting? – Я ждал?	Had we been learning? – Мы учили?
Had he been singing? – Он пел?	Had you been building? – Вы строили?
Had she been walking? – Она гуляла?	Had they been swimming? – Они плавали?
Had it been ringing? – Оно звенело?	